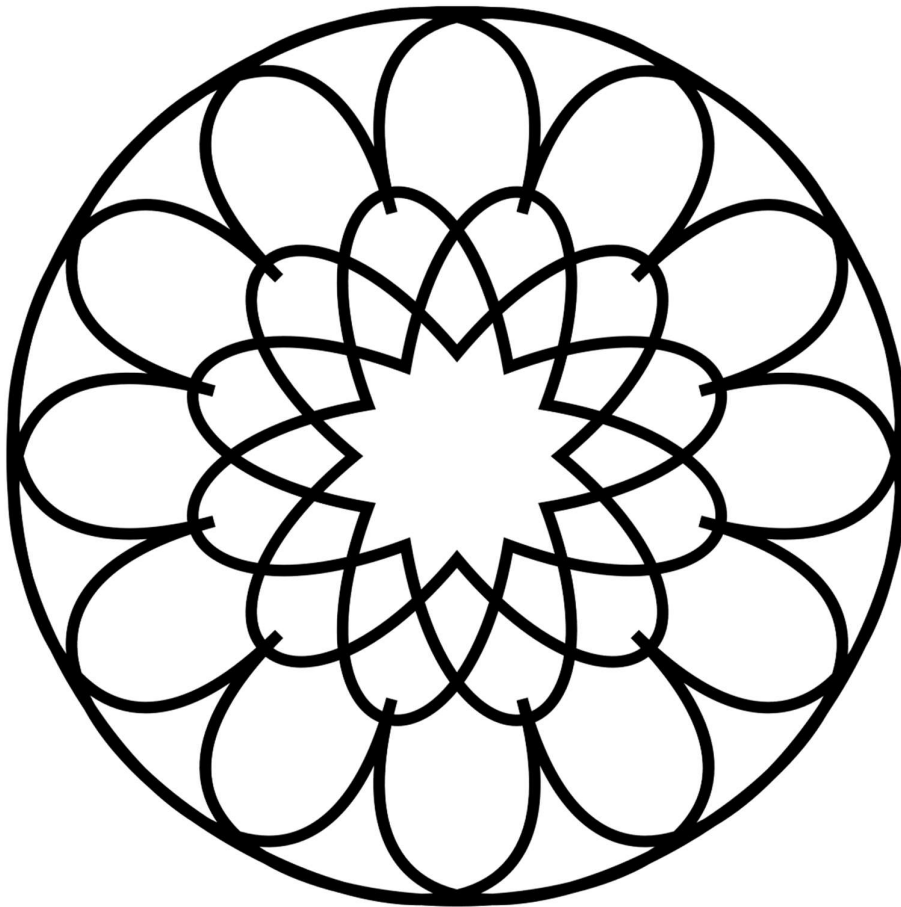


O'Grady Drama Australia

Workbook Youth Theatre

Workbook 1

Ages 12+



ogradydrama.com.au 

@ogradydramaAU 

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Introduction to Drama On Demand!

Welcome to our first Youth Theatre Workbook! We are planning on creating a new workbook each week that will allow those at home to use their creativity and imagination as well as having fun!

This workbook is an Introduction to Drama. We will start off with some basic exercises and then over the coming weeks we will continue to build on them.

Starting a Journal

Your first task is to start writing (by hand) a journal / diary. Start each entry by dating the page.

Your journal task for this week is to answer the following questions, using full sentences (not one-word answers):

1. What are three (non-materialistic) things you are grateful for?
2. What do you like to do on the weekends?
3. If you could go anywhere in the world for a holiday, where would it be?

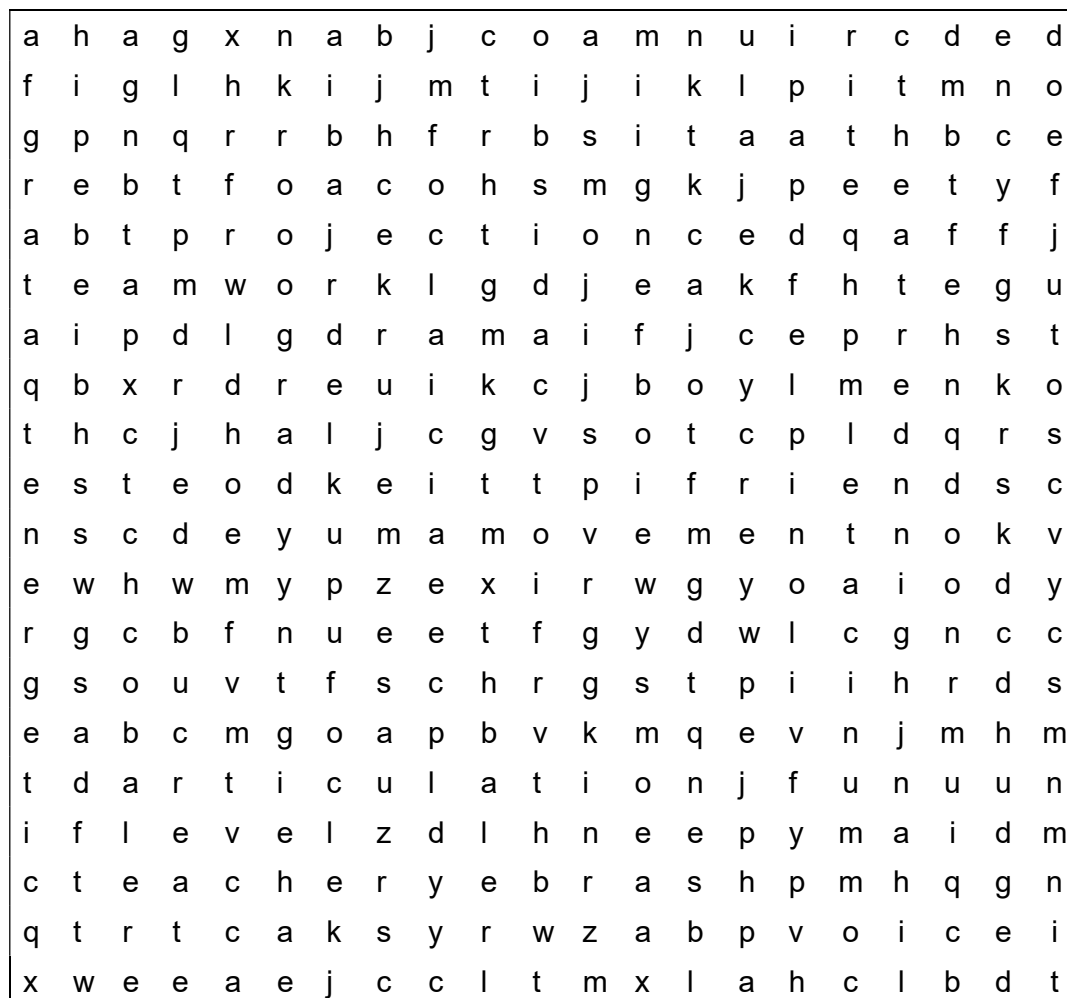
You can use an exercise book, diary, notebook, scraps of paper, blank sheets of A4 etc in which to write your journal. You do not need to purchase a brand-new book to write in. We will have some fun craft ideas to “Jazz up your Journal” in the coming weeks.

Explain that Emotion!

List as many ideas as you can, that could be used to describe someone with the following emotions. Think about adjectives, phrases, colours, facial expressions and the manner in which they move. The first emotion has been done as an example.

Happy	Smiling, sing song voice, chatty, bright yellow, bubbly, spring in their step.
Sad	
Grumpy	
Tired	
Angry	
Excited	
Confused	
Scared	
Frustrated	
Bored	

Word Search



Hint: words are across, down, diagonal and backwards.

act
activity
o'grady
create
teacher
drama

energetic
friends
fun
voice
level
theatre

articulation
projection
teamwork
communicate
movement
introductory



Pen that Poem!

Create an acrostic poem using Drama On Demand.

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